

Quarantine

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Music Quarantine – Mat Best & Tim Montana

Level Intermediate

Description 64 Counts, 2 Walls, 1 Restart, 1 Break with Restart

Sect 1 SIDE, SLIDE, STEP, LOCK STEP, SIDE, SLIDE, ROCK FORWARD, RECOVER

1 – 2 Step side R – Slide L next to R

3 – 4 Step forward L – Lock R behind L

5 – 6 Step side L – Slide R next to L

7 – 8 Rock forward R – Recover L

Sect 2 STEP BACK, HOLD, COASTER STEP, HOLD, STEP, HOLD

1 – 2 Step back R – Hold

3 – 4 Step back L – Step R next to L

5 – 6 Step forward L – Hold

7 – 8 Step forward R – Hold

Sect 3 STEP ½ TURN, STEP, HOLD, FULL TURN, STEP, HOLD

1 – 2 Step forward L – ½ Turn right, weight on R

3 – 4 Step forward L – Hold

5 – 6 ½ Turn left & step back R – ½ Turn left & step forward L

7 – 8 Step forward R – Hold

Sect 4 2X KICK, BEHIND, SIDE CROSS, HOOK, STEP BACK, LOCK STEP

1 – 2 2x Kick forward L

3 – 4 Cross L behind R – Step side R

5 – 6 Cross L in front of R – Hook R behind L

7 – 8 Step back R – Lock L in front of R

Restart in 3rd wall after 32 counts

Break in 7th wall after 32 counts. Turn back to front wall and start over with the dance.

Sect 5 SIDE, SLIDE, STEP BACK, LOCK STEP, SIDE, SLIDE, KICK, STEP BACK

1 – 2 Step side R – Slide L next to R

3 – 4 Step back L – Lock R in front of L

5 – 6 Step side L – Slide R next to L

7 – 8 Kick forward R – Step back R

Sect 6 KICK, STEP BACK, KICK, HOOK, LOCK STEP FORWARD, HOLD

1 – 2 Kick forward L – Step back L

3 – 4 Kick forward R – Hook R in front of L

5 – 6 Step forward R – Lock L behind R

7 – 8 Step forward R – Hold

Sect 7 ROCK FORWARD, RECOVER, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, HOLD

1 – 2 Rock forward L – Recover R

3 – 4 Rock side L – Recover R

5 – 6 Cross L behind R – Step side R

7 – 8 Cross L in front of R – Hold

Sect 8 POINT, HEEL, HOOK, HEEL, FLICK & SLAP, SCUFF, STEP, LOCK STEP

1 – 2 Point to side R – Heel forward R

3 – 4 Hook R in front of L – Heel forward R

5 – 6 Flick R back & Slap with right hand – Scuff R next to L

7 – 8 Step forward R – Lock L behind R